

## Curriculum Vitae

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### Education

- 1987                   The University of Michigan  
Ann Arbor, Michigan  
Degree: M.S. in Community Health Nursing
- 1975                   The University of Michigan  
Ann Arbor, Michigan  
Certificate: Pediatric Nurse Practitioner
- 1967                   The Ohio State University  
Columbus, Ohio  
Degree: BSN

### Present Positions

- 2009 – present   Deputy Director for the National Program Office, Alliance to Reduce Disparities in Diabetes, Center for Managing Chronic Disease, University of Michigan, School of Public Health
- 2005 - 2009       Scientific Administrator for the Center for Managing Chronic Disease, University of Michigan, School of Public Health
- 1988 - 2009       Research Area Specialist Senior, The University of Michigan, School of Public Health, Ann Arbor, Michigan
- Primary responsibility for day-to-day management of a 5-year, controlled evaluation of two asthma management programs for pre-teens in 19 Detroit middle schools. Major outcomes to be evaluated include symptoms, grades, school attendance and quality of life. Responsibilities of the position include hiring and supervising research staff, coordinating the completion of 3,500 participant interviews, supervising the program implementation, managing data coding and entry, and participating in the dissemination of research findings.

### Past Positions

- 1987 - 90           Lecturer, University of Michigan, School of Nursing, Ann Arbor, Michigan
- 1986 - 87           Teaching Assistant, University of Michigan, School of Nursing, Ann Arbor, Michigan
- 1985 - 86           Graduate Research Assistant, University of Michigan, School of Nursing, Ann Arbor, Michigan
- 1984 - 85           Staff Nurse, University of Michigan Hospital, Adolescent Psychiatric Unit, Ann Arbor, Michigan
- 1975 - 83           Pediatric Nurse Practitioner, Child Health Associates, PC, Ann Arbor, Michigan



adults in a heart disease self-management project: Factors influencing involvement. Research on Aging, 15(2), 220-37.

- Dodge, J.A., Janz, N.K., Clark, N.M. (1994) Self-management of the health care regimen: a comparison of nurses' and cardiac patients' perceptions. Patient Education and Counseling, 23, 73-82.
- Clark, N.M., Janz, N.K., Dodge, J.A., and Garrity, C.R. (1994) Managing heart disease: A study of the experience of older women. Journal of American Medical Women's Association, 49(6), 202-6.
- Clark, N.M., Janz, N.K., Dodge, J.A., Schork, M.A., Wheeler, J., Liang, J., Keteyian, S.J., Santinga, J.T. (1997). Self-management of heart disease by older adults: Assessment of an intervention based on Social Cognitive Theory. Research on Aging, 19(3), 362-382.
- Clark, N.M., Dodge, J.A., (1999). Exploring self-efficacy as a predictor of disease management. Health Education and Behavior, 26(1), 72-89.
- Janz, N.K., Clark, N.M., Dodge, J.A., Schork, M.A., Mosca, L., Fingerlin, T. (1999). The impact of a disease-management program on the symptom experience of older women with heart disease. Women and Health, 30(2), 1-24.
- Clark, N.M., Janz, N.K., Dodge, J.A., Fingerlin, T., Schork, M.A. (2000). Changes in functional health status of older women with heart disease: Evaluation of a program based on self-regulation. Journal of Gerontology: Social Sciences, 55(2), S177-126.
- Forthofer, M.S., Janz, N.K., Dodge, J.A., Clark, N.M. (2001). Gender differences in the associations of self-esteem, stress, and social support with functional health status among older women with heart disease. Journal of Women and Aging, 13(1), 19-37.
- Janz, N.K., Janevic, M.R., Dodge, J.A., Fingerlin, T.E., Schork, M.A., Mosca, L.J., Clark, N.M. (2001) Factors influencing quality of life in older women with heart disease. Medical Care, 39(6), 588-598.
- Dodge, J.A., Janz, N.K., Clark, N.M. (2002) The Evolution of an innovative heart disease management program for older women: Integrating quantitative and qualitative methods in practice. Health Promotion Practice, 3(1), 30-42.
- Janevic, M.R., Janz, N.K., Dodge, J.A., Lin, X., Pan, W., Sinco, B.R., Clark, N.M. (2003) The role of choice in health education intervention trials: a review and case study. Social Science and Medicine, 56, 1581-1594.
- Wheeler, J.R., Janz, N.K., Dodge, J.A. (2003) Can a disease self-management program reduce health care costs? The case of older women with heart disease. Medical Care, 41(6), 706-715.
- Janevic, M.R., Janz, N.K., Dodge, J.A., Wang, Y., Lin, X., Clark, N.M. (2004) Longitudinal effects of social support on the health and functioning of older women with heart disease. The International Journal of Aging and Human Development, 59(2), 153-175.
- Janz, N.K., Dodge, J.A., Janevic, M.R., Lin, X., Donaldson, A.E., Clark, N.M. (2004) Understanding and reducing stress and psychological distress in older women with heart disease. Journal of Women and Aging, 16(3/4), 19-38.
- Clark, N.M., Janz, N.K., Dodge, J.A., Lin, X., Trabert, B.L., Kaciroti, N., Mosca, L., Wheeler,

J.R.C., Keteyian, S., Liang, J. (2008) Heart disease management by patients: Does intervention format matter? Health Behavior and Education. Published December 15, 2207 as doi: 10.1177/1090198107309458

Clark, N.M., Janz, N., Dodge, J.A., Little, R. (2008). The Effect of Patient Choice of Intervention on Health Outcomes. Contemporary Clinical Trials. 29(5), 679-686.

Clark, N.M., Dodge, J.A., Partridge, M.R., Martinez, F.J. Focusing on Outcomes: Making the Most of COPD Interventions. International Journal of COPD. 4: 61-77. January 2009

Clark, N.M., Shah, S., Dodge, J.A., Thomas, L.J., Andridge, R.R., Awad, D.F., Little, R.J., An Evaluation of Asthma Interventions for Preteen Students. Journal of School Health. (Accepted 2009)

#### Presentations

Dodge, J.A. "Self-Management Skills of Elderly Cardiac Patients," presented at the Health Promotion Conference, University of Michigan, Ann Arbor, Michigan, March 1990 (Poster).

Dodge, J.A. "Factors Influencing Nonparticipation of Elderly Cardiac Clients in a Self-Management Project," presented at the American Heart Association of Michigan Research Forum, Michigan State University, Lansing, Michigan, September, 1990.

Dodge, J.A., Janz, N.K., Clark, N.M., and Becker, M.H. "Factors Influencing Nonparticipation of Elderly Cardiac Clients in a Self-Management Project," presented at the Annual Meeting of the American Public Health Association, New York City, New York, October 1 - 6, 1990.

Dodge, J.A., Clark, N.M., Janz, N.K. "An Educational Process for Teaching Self-Management to Older Adults with Heart Disease," presented at the 119th Annual Meeting of the American Public Health Association, Atlanta, Georgia, November 11 - 14, 1991.

Janz, N.K., Clark, N.M., Dodge, J.A. "Gender Differences in the Responses of Older Cardiac Clients to a Self-Management Education Program," presented at the 119th Annual Meeting of the American Public Health Association, Atlanta, Georgia, November 11 - 14, 1991.

Clark, N.M., Janz, N.K., Dodge, J.A. "Self-Management Education for Older Adults with Heart Disease," presented at the 119th Annual Meeting of the American Public Health Association, Atlanta, Georgia, November 11 - 14, 1991.

Dodge, J.A., Clark, N.M., Janz, N.K. "Self-Management Education for Older Adults with Heart Disease: Impact on Functional Health Status," presented at the SOPHE Midyear Scientific Conference, Austin, Texas, June, 1992.

Dodge, J.A., Janz, N.K., Clark, N.M. "Self-Management of the Health Care Regimen: A Comparison of Nurses' and Cardiac Clients' Perceptions," presented at the 22nd American Heart Association of Michigan Cardiovascular Research Forum, Detroit, Michigan, September 24, 1992.

Dodge, J.A., Clark, N.M., Janz, N.K. "Elderly Cardiac Clients' Management of their Health Care Regimens: Implications for Nursing Practice," presented at the 120th Annual Meeting of the American Public Health Association, Washington, DC, November 8 - 12, 1992.

Janz, N.K., Clark, N.M., Dodge, J.A., et al. "What Accounts for Perceptions of Quality of Life: Gender Differences Among Older Cardiac Patients," presented at the 120th Annual Meeting of the American Public Health Association, Washington, DC, November 8 - 12,

1992.

- Clark, N.M., Janz, N.K., Schork, M.A., Dodge, J.A. "The Effects of Self-Management Education on the Emotional Status of Older Adults with Heart Disease," presented at the 45th Annual Meeting of the Gerontological Society of America, Washington, DC, November 18 - 22, 1992.
- Dodge, J.A., Clark, N.M., Janz, N.K., Garrity, C.R. "Components of an Innovative Learning Process for Health Education for Older Adults with Heart Disease," presented at the SOPHE Midyear Scientific Conference, Grand Rapids, Michigan, June 24 - 26, 1993.
- Janz, N.K., Clark, N.M., Dodge, J.A. "An Educational Process for Teaching Self-Management to Older Women with Heart Disease: Evolution of a Program," presented at the 121st Annual Meeting of the American Public Health Association, San Francisco, California, October 24 - 28, 1993. (Poster)
- Clark, N.M., Janz, N.K., Dodge, J.A., et al. "Improving the Functioning of Older Women with Heart Disease: Tailoring a Proven Program," presented at the 46th Annual Meeting of the Gerontological Society of America, New Orleans, Louisiana, November 19 - 23, 1993.
- Clark, N.M., Janz, N.K., Dodge, J.A. "Availability of Social Support and Health Status in Older Women with Heart Disease," presented at the 122nd Annual Meeting of the American Public Health Association in Washington, D.C., October 31, 1994. (Poster)
- Clark, N.M., Janz, N.K., Dodge, J.A. "Women take PRIDE: Improving Self-Management in Older Women with Heart Disease", presented at the 2nd International Heart Health Conference, Barcelona (Catalonia) Spain, May, 1995. (Poster)
- Dodge, J.A., Janz, N.K., Clark, N.M. "Factors Relevant to Quality of Life in Older Women with Heart Conditions", presented at the meeting of the American Psychological Association, Psychosocial and Behavioral Factors in Women's Health, Washington, D.C., September, 1996.
- Dodge, J.A., Janz, N.K., Clark, N.M. "The Importance of Depression and Social Support in Understanding Quality of Life in Older Women with Heart Disease", presented at the 124<sup>th</sup> Annual meeting of the American Public Health Association in New York, N.Y., November, 1996. (Poster)
- Dodge, J.A., Janz, N.K., Clark, N.M. "Older Women's Symptom Response to a Self-Management Program Emphasizing Physical Activity", presented at the 125<sup>th</sup> Annual Meeting of the American Public Health Association in Indianapolis, IN, November, 1997. (Poster)
- Dodge, J.A., Janz, N.K., Clark, N.M. "Factors Related to Self-Management of the Heart Regimen in Older Women", presented at the Cardiovascular Health: Coming Together for the 21<sup>st</sup> Century Conference, San Francisco, CA, February, 1998.
- Garrity, C.R., Janz, N.K., Dodge, J.A., Clark, N.M. "Components of an Innovative Self-management Program for Older Women with Heart Disease", presented at the Cardiovascular Health: Coming Together for the 21<sup>st</sup> Century Conference, San Francisco, CA, February, 1998. (Poster)
- Garrity, C.R., Dodge, J.A., Clark, N.M. "Components of an Innovative Self-Management Program for Older Women with Heart Disease", presented at the American Society on Aging Conference, San Francisco, CA, March, 1998. (Poster)

- Dodge, J.A., Janz, N.K., Garrity, C.R., Clark, N.M. "The Women take PRIDE Self-Management Program: Development of a Self-Directed Format", presented at the American Heart Association, Michigan Affiliate, Cardiovascular Research Forum, Detroit, MI, October 9, 1998.
- Dodge, J.A., Janz, N.K., Clark, N.M. "Factors Relevant to Quality of Life in Older Women with Heart Disease", presented at the 5<sup>th</sup> Annual Conference of the International Society for Quality of Life Research, Baltimore, M.D., November 15-17, 1998.
- Dodge, J.A., Garrity, C.R., Janz, N.K. "Evaluation of Women take PRIDE: An Innovative Self-Management Program for Older Women with Heart Disease", presented at the 45<sup>th</sup> Annual meeting of the American Society on Aging, Orlando, FL., March 4-7, 1999.
- Dodge, J.A., Garrity, C.R., Janz, N.K. Clark, N.M. "Women take PRIDE: Enhancing Self-management Strategies in Older Women", invited speaker at the XIV<sup>th</sup> Great Lakes Cardiovascular Health Conference, Columbus, OH, April 23-25, 1999.
- Janz, N.K. Dodge, J.A., Clark, N.M. "Impact of a Self-Management Program Emphasizing Physical Activity on the Symptom Experience of Older Women with Heart Disease", presented at the 127<sup>th</sup> Annual meeting of the American Public Health Association, Chicago, IL, November 7-11, 1999.
- Dodge, J.A., Janz, N.K., Clark, N.M. "The Evolution of an Innovative Heart Disease Management Program for Older Women", presented at the Annual meeting of the Society of Public Health Education, Chicago, IL, November 5-7, 1999.
- Dodge, J.A., Janz, N.K., Clark, N.M. "Impact of a Heart Disease-Management Program on the Exercise Behavior of Older Women", presented at the Sixth International Congress of Behavioral Medicine, Brisbane, Australia, November 15-18, 2000.
- Dodge, J.A., Janz, N.K. Janevic, M.R., Clark, N.M. "Participant Preference as a Dimension in the Evolution of a Heart Disease Management Program for Older Women", presented at the 129<sup>th</sup> Annual Meeting of the American Public Health Association, Atlanta, GA, October 21-25, 2001.
- Dodge, J.A., Janz, N.K., Janevic, M.R., Clark, N.M. "Incorporating Participant Preference into the Evaluation of a Heart Disease Management Program", presented at the Interdisciplinary Conference of the American Psychological Association, Washington, D.C., February 20-23, 2002.
- Dodge, J.A., Wheeler, J.R.C., Janz, N.K., Lin, X., Mosca, L.M., Clark, N.M. "Reducing Health Care Costs in Older Women With Heart Disease: The "Women take PRIDE" Self-Management Program," presented at the NHLBI 2002 Cardiovascular Health Conference, Washington, DC, April 11-13, 2002.
- Dodge, J.A., Janz, N.K., Clark, N.M. "Reducing Stress In Older Women With Heart Disease: The Effect Of A Self-Management Program," presented at the 130<sup>th</sup> Annual Meeting of the American Public Health Association in Philadelphia, PA, November 9-13, 2002.
- Dodge, J.A., Joseph, C.L.M., Garrity, C.R., Thomas, L.J., et al. "Development of a Program for Pre-teen Students with Asthma," presented at the National Asthma Conference in Atlanta, GA, April 14-16, 2004. (Poster)
- Dodge, J.A., Janz, N.K., Clark, N.M. "Evaluation of the "Women take PRIDE" Heart Disease Management Program: Does Program Format Matter?" presented at the 132<sup>nd</sup> Annual

Meeting of the American Public Health Association in Washington, DC, November 6-10, 2004.

Clark, N.M., Dodge, J.A., Nelson, B.W., Thomas, L.J., et al. "Asthma in Low-income Minority Children in Head Start Programs and Middle Schools in Detroit," presented at the 61<sup>st</sup> Annual Meeting of the American Academy of Allergy, Asthma and Immunology in San Antonio, TX, March 18-22, 2005. (Poster)

Clark, N.M., Dodge, J.A., Roberts, R.H., Awad, D.F., et al. "Congruence of Parent and Preteen Reports of the Preteen's Experience with Asthma", presented at the American Thoracic Society International Conference in San Diego, CA, May 20-25, 2005. (Poster)

Thomas, L.J., Dodge, J.A., Clark, N.M. "Open Airways for Middle School (OASMS) Program: Development and Process Evaluation" presented at the 133<sup>rd</sup> Annual Meeting of the American Public Health Association in New Orleans, LA, November 5-9, 2005. (Poster)

Clark, N.M., Dodge, J.A., Shah, S., Valerio, M.A., Awad, D.F., Thomas, L.J. "Understanding of Asthma in Adolescent Girls" presented at the International Conference of the American Thoracic Society in San Francisco, CA, May 18-23, 2007. (Poster)

Clark, N.M., Dodge, J.A., Thomas, L.J., Shah, S., Andridge, R.R., Awad, D.F., Paton, J.Y. "Emotional Quality of Life in Boys and Girls with Asthma 10-13 years of Age" presented at the European Respiratory Society Annual Congress in Berlin, Germany, October 4-8, 2008 (Thematic Poster).