

Curriculum Vitae

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RELATED WORK EXPERIENCE

ASTHMA EDUCATOR/CASE MANAGER, 1996 – 1997; PROJECT COORDINATOR, 1997 – 2001; MANAGER, 2001 – PRESENT:

Asthma Network of West Michigan, Saint Mary's Health Care, Grand Rapids, Michigan:

- **Certified Asthma Educator (AE-C), 2003**
- **Board-certified Family Nurse Practitioner (FNP-C), 2007**
- **Elected to National Asthma Educator Certification Board (NAECB) – 2006-2008 term**
- Provide community outreach by participating in school and health fairs, and by presenting asthma education in-services to school personnel, adults with asthma, parents of children with asthma, health care professionals, and other community members who care for children with asthma.
- Provide case management services for children and adults with moderate to severe asthma from low-income families by conducting home visits, school/workplace in-services and physician care conferences, providing asthma education to families, health care providers, school and workplace personnel.
- Supervise Asthma Network staff (including 3 asthma educators and 1 medical social worker) providing case management services to our targeted population.
- Serve as a consultant to professionals and community members regarding management of asthma.
- Collect data for analysis utilizing research protocol.
- Served on Asthma Network Board of Directors as well as several committees including: Research, Education, Membership & Marketing, and Finance.
- Serve on Michigan Society for Respiratory Care (MSRC) Asthma Committee establishing standards for asthma educators and designing a college level course for health professionals who wish to become asthma educators. Assist with development of a one-day review course to prepare asthma educators to sit for national certification exam. Serve on faculty of both courses.
- Assist with the deployment of resources (including the Asthma Network's Speakers' Bureau).
- Seek future sources of revenue through grant writing; provide foundations with written progress reports.
- Contract with health care organizations and third-party payers.
- Assist other asthma coalitions in Michigan and elsewhere as they develop their own community-specific directives.
- Serve in a leadership role on the Michigan Department of Community Health's Michigan Asthma Advisory Committee, helping to establish statewide policy regarding asthma; Chair of Quality Improvement for Asthma Care Subcommittee, member of Asthma in Schools Subcommittee.
- Serve on Steering Team of Michigan Consortium of Asthma Coalitions, sponsored by the Michigan Department of Community Health and the American Lung Association of Michigan.
- Serve on "Taking on Asthma" task force for Michigan Association of Health Plans Foundation, developing asthma core measures for health plan providers and members.
- Serve on Michigan PACE (Physician Asthma Care Education) faculty, educating primary care physicians in workshops statewide.
- Serve as consultant for Michigan State University's Institute for Health Care Studies, developing asthma workshops for managed care nurses throughout Michigan.
- Appointed to State of Michigan Pediatric Asthma Mortality Review Panel.
- Serve on Michigan Surgeon General's Primary Care Initiative - a statewide taskforce charged with developing a strategic plan to address system changes in primary care, addressing barriers and implementing strategies relating to asthma.
- Work nationally, through scientific meetings and conferences, to explain the work of Asthma Network of West Michigan so that it may be replicated.

ASTHMA FAIR VOLUNTEER, Saint Mary's Mercy Medical Center, Grand Rapids, MI, 1989 – 1996:

- Planned and implemented the annual Asthma Fair as well as the Asthma Parent Support Group and several asthma conferences for health professionals.

RESEARCH ASSISTANT, Human Development and Environmental Toxin Study, University of Michigan, Grand Rapids, 1981 – 1982.

- Conducted interviews with new mothers post-partum to determine eligibility to participate in the study.
- Performed Ballard assessments on newborn infants in the study to determine their true gestational age.
- Conducted infant assessments based on the Bayley scales of development at five months of age.
- Communicated by telephone and in writing with mothers of infants participating in the study, and organized timetables of assessments.
- Administered physical examinations of infants and utilized extensive data collection techniques.

PUBLIC HEALTH NURSE, City of Milwaukee, Wisconsin, 1977 – 1980.

- Conducted home visits, available to all residents of Milwaukee, involving patient assessment – nursing diagnosis, detection and control of communicable disease, health education and development of a nursing care plan, emergency visits and community resource referrals.
- Managed an extensive and diverse caseload with successful identification and implementation of priorities.
- Planned and coordinated health care upon completion of assessment.
- Coordinated new staff-student intern orientation programs; supervised student nurse staff throughout their internships.
- Administered physical examinations and immunizations for children ages birth – 6 years in Well Baby Clinics; assisted parents in resolving developmental concerns.
- Obtained complete health histories, performed physical assessments and evaluated health status of adults over 60 years in an ambulatory care clinic program.
- Performed case findings and follow-up of health problems detected as school nurse; administered first aid and care of sudden illness; worked with parents and school personnel in maintaining school health programs.
- Developed and instructed health education programs for school age children.

Professional experience includes: MEDICAL SURGICAL STAFF NURSE, St. Michael's Hospital, Milwaukee, Wisconsin, 1976 – 1977.

EDUCATION

- UNIVERSITY OF WISCONSIN – MADISON. Bachelor of Science in Nursing, 1976 – graduated with distinction. Nurse Licensure: State of Wisconsin, 1976; State of Michigan, 1981.
- MUSKEGON COMMUNITY COLLEGE. Asthma Educator Specialist Course, (post-graduate), 1999.
- GRAND VALLEY STATE UNIVERSITY. Master of Science in Nursing (MSN), Family Nurse Practitioner, 2007 – graduated with honors.

AFFILIATION

- Asthma Network of West Michigan
- American Academy of Nurse Practitioners
- Sigma Theta Tau International, Kappa Epsilon Chapter – Nursing Honor Society
- The Honor Society of Phi Kappa Phi
- Michigan Department of Community Health – Michigan Asthma Advisory Committee
- Michigan Consortium of Asthma Coalitions – Steering Team, Chair 2007 - 2008
- American Academy of Allergy, Asthma and Immunology (AAAAI), Allied Health Member
- American Thoracic Society, Allied Health Member
- Grand Valley State University, Kirkhof School of Nursing – Clinical Adjunct Faculty
- Heart of West Michigan United Way Investment Council
- University of Michigan – The Center for Managing Chronic Disease, Associate of the Center
- National Asthma Educator Certification Board (NAECB): 2006 – 2008 term
 - NAECB Vice-Chair, 2007, Public Relations & Marketing Chair, 2007

PUBLICATIONS AND NATIONAL PRESENTATIONS

- “Asthma Education Comes Home.” E Metzgar, **K Meyerson**. Presented at American Thoracic Society (ATS) International Conference 93rd Annual Meeting, May 1997, San Francisco, CA.
- “The Organization of a Community-Based Pediatric Asthma Network.” GM Kirk, **KL Meyerson**, N Brooke, E Metzgar, R Townley, J Schuen. Poster presented at American Academy of Allergy, Asthma and Immunology (AAAAI) 55th Annual Meeting, February 1999, Orlando, FL.
- “Improvements in Educational, Behavioral and Clinical Outcomes in Low-Income Children with Moderate to Severe Asthma Using an NAEPP-Based Educational Program.” GM Kirk, J Crooks, D VanIwaarden, N Brooke, J Schuen, E Metzgar, **KL Meyerson**, R Townley. Poster presented at American Thoracic Society (ATS) International Conference 95th Annual Meeting, April 1999, San Diego, CA.
- “Aerosol Delivery Devices: New Ways to Deliver Inhaled Medications.” D Shangle, **K Meyerson**, E Metzgar. *AARC Times*. (July 1999) 23:7, 17-22.
- “Improvements in Educational, Behavioral and Clinical Outcomes in Low-Income Children with Moderate to Severe Asthma Using an NAEPP-Based Educational Program.” GM Kirk, J Crooks, D VanIwaarden, N Brooke, J Schuen, E Metzgar, **KL Meyerson**, R Townley. Poster presented at American Academy of Allergy, Asthma, and Immunology (AAAAI) *Pediatric Asthma: From Policy to Practice* conference, October 1999, Washington, DC.
- “Reduced Hospital Charges Resulting From a Pediatric Asthma Case Management Program.” GM Kirk, JA Fecht, **KL Meyerson**. Poster presented at American Thoracic Society (ATS) International Conference 96th Annual Meeting, May 2000, Toronto, Canada.
- “Improved Clinical Outcomes Among Low-Income Children Enrolled in an Asthma Case Management Program.” GM Kirk, J Prangle, **KL Meyerson**. Poster presented at American Thoracic Society (ATS) International Conference 97th Annual Meeting, May 2001, San Francisco, CA.
- “Developing a Statewide Asthma Educator Course.” T Bergquist, E Metzgar, **K Meyerson**, D Shangle. *AARC Times*. (November 2000) 24:11, 30 - 34.
- “Non-Compliance, Not Defiance: Understanding the Patient’s Asthma Management Challenges.” S Ankney, E Metzgar, **K Meyerson**, D Shangle. *AARC Times*. (March 2001) 25:3, 34 - 40.
- “A Collaboration Producing Healthier Citizens: An Asthma Coalition and a Managed Care Organization.” **KL Meyerson**, GM Kirk, B Meconis. Presented at the Centers for Disease Control and Prevention (CDC) National Asthma Meeting, October 2002, Atlanta, GA.
- “Outcomes from a Community-based Asthma Coalition and a Managed Care Organization (MCO) Collaboration.” S Manney, DO, GM Kirk, MD and **KL Meyerson, RN, BSN**. Poster presented at American Thoracic Society (ATS) International Conference for presentation at 99th Annual Meeting, May 2003, Seattle, WA.
- “A Collaboration Producing Healthier Citizens: An Asthma Coalition and a Managed Care Organization.” **KL Meyerson**, GM Kirk, B Meconis. Presented at National Heart, Lung and Blood Institute (NHLBI) National Conference on Asthma 2003 at “Meeting the Challenge of Healthy People 2010: Preventing and Controlling Asthma,” June 2003, Washington, DC.
- “Michigan Consortium of Asthma Coalitions: Joining Voices to Strengthen Forces.” C. Schott, T. Vorce, **K. Meyerson**, K. Stoermer Grossman. Presented at the Centers for Disease Control and Prevention (CDC) 2004 National Asthma Conference, April 2004, Atlanta, GA.
- “Building an Effective Asthma Coalition.” Presented at Chicago Asthma Consortium/American Lung Association of Illinois & Iowa Meeting in Chicago, IL, December 2004.
- “Asthma in Michigan.” Presented at Texas Children’s Hospital in Houston, TX, January 2005.
- “A Randomized Controlled Trial of an Asthma Education Program Following an Emergency Department (ED) Visit for Asthma in Children and Adults.” Reeves MJ, Brown MD, **Meyerson K**, Korzeniewski S. Poster presented at the American Thoracic Society (ATS) International Conference in San Diego, CA, May 2005. Published July 2006 in *Annals of Allergy, Asthma and Immunology*, 97, 44-51.
- “Asthma in Michigan.” Presented at Dallas Asthma Consortium Meeting in Dallas, TX, November 2005.
- “Asthma in Michigan: What Can an Asthma Coalition Accomplish?” Keynote speech presented at Oklahoma Asthma Initiative Annual Meeting in Oklahoma City, OK, January 2006.

- “Understanding Asthma.” Presented at Chicago Public Schools Citywide Conference in Chicago, IL, April 2006.
- “Asthma Network of West Michigan: Controlling Asthma in Western Michigan.” Presented at U.S. EPA National Asthma Forum in Washington, DC, May 2006.
- “Measuring and Celebrating Success: Community Leadership Training.” Presented at U.S. EPA Community Leadership Conference in Milwaukee, WI, June 2006.
- “Improving Pediatric Asthma Care in Western Michigan.” Presented at the American College of Chest Physicians Eighth Annual ACCP Community Asthma and COPD Coalition Symposium in Salt Lake City, UT, October 2006.
- “Asthma Network of West Michigan: Controlling Asthma in Western Michigan.” Presented at U.S. EPA Great Lakes Asthma Forum in Chicago, IL, February 2007.
- “Asthma in Michigan.” Presented at Indiana Joint Asthma Coalition Quarterly Meeting in Indianapolis, IN, June 2007.
- “Reimbursement for Asthma Education.” Presented at Association of Asthma Educators (AAE) National Conference in St. Louis, MO, July 2007.
- “The National Certification Process for Asthma Educators.” A Gardner, **K Meyerson**, L Graham. Published in *CHEST Physician*. (July 2007).

AWARDS

- The Asthma Network of West Michigan received the **Program Delivery Award** from the Chronic Disease Directors (affiliated with the Association of State and Territorial Health Officers) in 2002, in Atlanta, GA.
- Selected as finalist in **NurseWeek 2002 Nursing Excellence Awards** in the category of Community Service in Chicago, IL.
- The Asthma Network of West Michigan received the **Hometown Health Hero Award** in April 2005, from Governor Jennifer Granholm, presented by Michigan’s Surgeon General, Dr. Kimberly Dawn Wisdom in Lansing, MI.
- Received **Excellence in Nursing Practice Award** from Sigma Theta Tau Nursing Honor Society, Kappa Epsilon Chapter – April 2005, in Holland, MI.
- The Asthma Network of West Michigan received the **Founders Trust Community Impact Award**, given to the research project most likely to directly affect community health. Award was given for the project "Randomized Trial of a Comprehensive Asthma Education Program Following an Emergency Department Visit," and presented at GRMERC (Grand Rapids Medical Education & Research Center) 39th Annual Research Day on April 19, 2006.
- Out of 500 (national and international) asthma programs reviewed, the Asthma Network of West Michigan has been designated one of six national **model asthma programs** by the U.S. Environmental Protection Agency (EPA). The EPA awarded the Asthma Network of West Michigan the **National Exemplary Award** in May 2006. The award was given for “outstanding contributions to helping people with asthma live active and healthy lives and for serving as an inspirational leader for quality asthma care nationwide.”
- The Asthma Network of West Michigan received the **Meritorious Service Award** from U.S. EPA Region 5 (Chicago) officials in November 2006.