

Mary R. Janevic

mjanevic@umich.edu

EDUCATION

Ph.D., 2002

UNIVERSITY OF MICHIGAN, ANN ARBOR, MICHIGAN, USA

SCHOOL OF PUBLIC HEALTH, DEPARTMENT OF HEALTH BEHAVIOR/HEALTH EDUCATION

Focused on health issues in older adulthood. Dissertation title: "The Effects of a Telephone-based Intervention on Physical Activity and Health among Female Spouse Caregivers of Dementia Patients."

Master's of Public Health, 1995

UNIVERSITY OF MICHIGAN, ANN ARBOR, MICHIGAN, USA

SCHOOL OF PUBLIC HEALTH, DEPARTMENT OF HEALTH BEHAVIOR/HEALTH EDUCATION

Bachelor of Arts, 1992

UNIVERSITY OF MICHIGAN, ANN ARBOR, MICHIGAN, USA

Concentration in Russian and East European Studies

Participant, American Collegiate Consortium for East-West Exchange, 1991-92

KUBAN STATE UNIVERSITY, KRASNODAR, RUSSIA

Attended classes and passed oral examinations in the History faculty.

SELECTED PROFESSIONAL EXPERIENCE

Lecturer, Health Behavior and Health Education

September 2006-present

UNIVERSITY OF MICHIGAN SCHOOL OF PUBLIC HEALTH

Instructor for HBHE 622, Program Evaluation in Health Education.

Evaluation consultant

January 2007-present

UNIVERSITY OF MICHIGAN

Have provided evaluation assistance for units within the University Health Service and was lead evaluator for the "UMix" program, sponsored by University Unions Arts and Programs.

Post-doctoral Research Fellow

October 2002-June 2004

UNIVERSITY COLLEGE LONDON DEPARTMENT OF EPIDEMIOLOGY AND PUBLIC HEALTH (LONDON, UK)

Focus on successful aging and social stratification. Prepared reports for the English Longitudinal Study of Ageing.

Senior Health Educator, Regional Health Education

August 1997-August 1998

KAISER PERMANENTE, NORTHERN CALIFORNIA REGIONAL OFFICES, OAKLAND, CALIFORNIA

Oversaw implementation of the Chronic Disease Self-Management Program at medical centers throughout the Northern California Region, including administration of grant funds and training of program leaders. Designed, evaluated, and coordinated a variety of musculoskeletal health education efforts.

Health Educator, Health Education Department

August 1995-August 1997

KAISER PERMANENTE, OAKLAND MEDICAL CENTER, OAKLAND, CALIFORNIA

Developed and coordinated health education interventions for older adults. Performed qualitative and quantitative program evaluation for departmental projects. Designed and implemented clinical group visits for pregnancy and diabetes. Conducted workshops on customer service in a health care setting.

PUBLICATIONS

Ajrouch, K.J., Antonucci, T.C., **Janevic, M.R.** (2001). Social networks among Blacks and Whites: The interaction between race and age. *Journal of Gerontology, Social Sciences*, 56, 112-18.

Antonucci, T.C., Ajrouch, K.J., **Janevic, M.R.** (2003). The effect of social relations with children on the education-health link in men and women aged 40 and over. *Social Science and Medicine*, 56, 949-960.

Connell, C.M & **Janevic, M.R.** (in press). Impact of a telephone-based exercise intervention for caregiving wives: A randomized controlled trial. *Journal of Applied Gerontology*.

Connell, C.M & **Janevic, M.R.** (2002). Human development and health. *Comprehensive Handbook of Psychology, Volume 6: Developmental Psychology*. New York: Wiley.

Connell, C.M , **Janevic, M.R.**, & Gallant, M.P. (2001). Costs of caregiving: Societal costs and the caregiver. *Journal of Geriatric Psychiatry and Neurology*, 14 (Special Issue: Social and Ethical Issues in the Care of Patients with Dementia), 179-187.

Connell, C. M, **Janevic. M. R.**, Solway, E., & McLaughlin, S. J. (2007). Are pets a source of support or added burden for married couples facing dementia? *Journal of Applied Gerontology*, 26, 472-485.

Janevic, M.R. and Connell, C.M. (2003). Exploring self-care among dementia caregivers: The role of perceived support in accomplishing exercise goals. *Journal of Women and Aging* 16, 71-86.

Janevic, M.R., Ajrouch, K.J., Merline, A.C., Antonucci, T.C., Akiyama, H. (2000). The social relations-physical health connection: a comparison of elderly samples from the United States and Japan. *Journal of Health Psychology*, 5, 413-430.

Janevic, M.R., Janz, N.K., Dodge, J.A., Lin, X., Pan, W., Sinco, B.R., Clark, N.M. (2003). The role of choice in health education intervention trials: A review and case study. *Social Science and Medicine* 56, 1581-1594.

Janevic, M.R., & Connell, C.M. (2001). Racial, ethnic, and cultural differences in the dementia caregiving experience: Recent findings. *The Gerontologist*, 41, 334-347.

Janevic, M.R., Janz, N.K., Dodge, J.A., Lin, X., Wang, Y., Sinco, B.R., Clark, N.M. (2004). Longitudinal effects of social support on the health and functioning of older women with heart disease. *International Journal of Aging and Human Development*.

Janz, N.K., **Janevic, M.R.**, Dodge, J.A., Fingerlin, T.E., Schork, M.A., Mosca, L.J., Clark, N.M. (2001). Health-related quality of life in older women with heart disease. *Medical Care*, 39, 588-598.

Janz NK, Dodge JA, **Janevic M.R.**, Lin X, Donaldson AE. (2004) Understanding and reducing stress and psychological distress in older women with heart disease. *Journal of Women and Aging*, 16, 19-38.

Shaw, B.A. & **Janevic, M.R.** (2004) Associations between anticipated support, physical functioning, and education level among a nationally-representative sample of older adults. *Journal of Aging and Health* 16, 539-61.

POSTERS AND PRESENTATIONS

Antonucci, T.C., Ajrouch, K.J., & Janevic, M.R. *Socioeconomic status, social support, age and health*. Poster presented at Socioeconomic Status and Health in Industrial Nations conference, Bethesda, Maryland, May 11-12, 1999.

Connell, C.M. & Janevic M.R. *Barriers to maintaining an exercise routine among dementia caregiving wives*. Poster presented at the Gerontological Society of America Annual Meeting, San Francisco, November 2007.

Connell, C.M. & Janevic M.R. *Effects of a telephone-based intervention on female spouse caregivers of dementia patients*. Eighth International Conference on Alzheimer's Disease and Related Disorders, Stockholm, Sweden, July 20–25 2002.

Janevic, M.R. *Positive Self-Management Study Research Results*. Oral presentation at HIV Public Forum, Kaiser Permanente Oakland Medical Center, September 1997.

Janevic, M.R. *Repetitive Stress Injury of the Upper Extremity Group Visit: Evaluation Results*. Poster presented at the Kaiser Permanente Interregional Health Education and Nursing Conference, Anaheim, CA, May 1997.

Janevic, M.R., Antonucci, T.C., & Ajrouch, K.J., *Social networks and social support: Black-white differences in three age groups*. Presentation at the Gerontological Society of America Annual Meeting, San Francisco, November 21, 1999.

Janevic, M.R. & Connell, C.M. *Motivators and barriers to exercise among female spouse caregivers of dementia patients*. Poster presented at the Gerontological Society of America Annual Meeting, Washington, D.C., November 15, 2001.

Janevic, M.R. & Connell, C.M. *Ethnic and cultural variability in the dementia caregiving experience*. Talk given as part of lecture series, University of Michigan Center for Research on Ethnicity, Culture and Health, January 24, 2001.

Janevic, M.R., Janz, N.K., Dodge, J.A., Lin, X., Wang, Y., Sinco, B.R., Clark, N.M. *The effects of social support on the health and functioning of older women with heart disease*. Poster presented at the Gerontological Society of America Annual Meeting, November 18, 2000.

VOLUNTEER WORK

- Washtenaw Literacy (Ann Arbor, Michigan, USA): gave weekly English as a Second Language lessons to older adult learners, July 1999-August 2001.
- Jewish Family and Children's Services (San Francisco, California, USA): worked as part of the Friendly Visitor and One-on-One citizenship tutoring program, September 1995-August 1998.

LANGUAGES

- Proficient in oral and written Russian and Spanish.